





Best Body Worker

We Portlanders like to think of ourselves as active, fit types—running Hood to Coast, hiking Forest Park and Mount Hood, dancing till all hours, and even turning out by the thousands to bike around town in the buff. Sometimes, though, our bodies just break down. That's when it's time to call **Patti Koehler** (pronounced "KAY-ler") at **West Portland Physical Therapy Clinic** (1630 SW Morrison St., Suite 100, 227-7774, wpptc.com). In a town filled with fabulous body workers, Patti takes the cake. You may need a doctor's prescription to have insurance cover your visits. Once you do, though, nobody is better at diagnosing and treating what ails your aching trunk and limbs. Koehler specializes in women's physical therapy needs and has been working on Oregon Ballet Theatre dancers since 1992—that alone should serve as proof of her miracle-worker qualities. RICHARD MEEKER.

